

Becky's Story

Beckie is Teacher and a mum of four from Wisbech.

She currently Home Educates her children and helps to provide a range sessions for other Home Ed families to come to called Eureka.

She joined the Active Fenland project when we partnered up to provide a sports Home Ed Session

The session started in October of last year and has successfully ran every month providing sports activates and swimming for families which can be around 50 people. Becki said 'The local home-ed community is so thrilled that Lauren approached us with the offer of low-cost sports sessions. There's always a great variety of sports available, including the use of the gym for the older kids. Many of us parents are now active for the first time, and really enjoying having fun alongside our children, as well as seeing the benefits of regular exercise. A winner all round! Thank you.'

Since joining she has become much more into exercise and fitness and is always looking for tips to get fitter and healthier. Beckie enjoyed the session so much she went out and purchased herself trainers and sportswear. She said 'I think I look forward to the sessions more than the children'



Beckie had been previously off put by sport from school, she attended at all-girl's school where she felt judged by her peers during sporty activities.

She doesn't want her children to have the same negative experiences with sport and wants them to lead an active and healthy lifestyle.

Beckie has continued her fitness journey outside of our Active Fenland sessions and has been eating healthily and tracking her weight and fitness level. We have now gone on to set up a second home education sports session this time its tennis. After enjoying a tennis session at the Wisbech Tennis Club during their Active Fenland session we went on to arrange two sessions a month with the club being extremely keen to accommodate them. We may have even found future tennis stars in her children! Active Fenland would like to thank Beckie for all her help with arranging sessions with the families and are pleased we have been able to help her along on her fitness journey.

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